

Name :

Site :

Date :

2021 Ontario Youth Championships

Hybrid Sports

2021-12-04

City : Peterborough

Organizer : Broedie Birkhof/Mike Miller

BEST YOUTH MALE LIFTER

BEST YOUTH FEMALE LIFTER

BEST YOUTH TEAM

Ben Contrell

Naomie Lusignan

Garage Gym Weightlifting

|         |              |           |          |         |     |
|---------|--------------|-----------|----------|---------|-----|
| RECORDS | WYOUTH 71 kg | Snatch    | lusignan | Naomie  | 82  |
|         | WYOUTH 71 kg | Total     | lusignan | Naomie  | 177 |
|         |              |           | Cerna    |         |     |
|         | WJUVI 76 kg  | Clean&Jer |          | Natalie | 84  |
|         |              |           | Cerna    |         |     |
|         | WJUVI 76 kg  | Total     |          | Natalie | 148 |
|         | WJUVI 81 kg  | Clean&Jer | Grant    | Naza    | 81  |
|         | WJUVI 81 kg  | Total     | Grant    | Naza    | 148 |

TECHNICAL OFFICIALS

|          |                                   |  |                              |  |
|----------|-----------------------------------|--|------------------------------|--|
| Group F1 | Weigh-in Time: 2021-12-04 08:00   |  | Start Time: 2021-12-04 10:00 |  |
|          | Announcer Mark Gomes              |  | Referee 1 Melissa Murphy     |  |
|          | Marshall Linda Rosario-Earnshaw   |  | Referee 2 John Florento      |  |
|          | Timekeeper Mark Gomes             |  | Referee 3 Lana Roguel        |  |
|          | Controller John Florento          |  |                              |  |
| Group M1 | Weigh-in Time: 2021-12-04 09:30   |  | Start Time: 2021-12-04 11:30 |  |
|          | Announcer Linda Rosario-Earnshaw  |  | Referee 1 Ray St. Jean       |  |
|          | Marshall Melissa Murphy           |  | Referee 2 Mike Miller        |  |
|          | Timekeeper Linda Rosario-Earnshaw |  | Referee 3 Kevin Kasik        |  |
|          | Controller Mike Miller            |  |                              |  |
| Group F2 | Weigh-in Time: 2021-12-04 11:30   |  | Start Time: 2021-12-04 13:30 |  |
|          | Announcer Mike Miller             |  | Referee 1 Ray St. Jean       |  |

Competition Information

Marshall Sarah Condon  
Timekeeper Linda Rosario-Earnshaw  
Controller Lana Roguel

Referee 2 Lana Roguel  
Referee 3 Elizabeth MacLachlan

**Group M2**

Weigh-in Time: 2021-12-04 13:00

Start Time: 2021-12-04 15:00

Announcer Mark Gomes  
Marshall Lana Roguel  
Timekeeper Mark Gomes  
Controller Linda Rosario-Earnshaw

Referee 1 John Florento  
Referee 2 Linda Rosario-Earnshaw  
Referee 3 Kevin Kasik

**Group F3**

Weigh-in Time: 2021-12-04 14:45

Start Time: 2021-12-04 16:45

Announcer Linda Rosario-Earnshaw  
Marshall Marlowe Robinson  
Timekeeper Linda Rosario-Earnshaw  
Controller Mark Gomes

Referee 1 Mike Miller  
Referee 2 Mark Gomes  
Referee 3 Elizabeth MacLaclan

**Group M3**

Weigh-in Time: 2021-12-04 16:35

Start Time: 2021-12-04 18:35

Announcer Linda Rosario-Earnshaw  
Marshall Marlowe Robinson  
Timekeeper Linda Rosario-Earnshaw  
Controller Mark Gomes

Referee 1 Sarah Condon  
Referee 2 Mike Miller  
Referee 3 Melissa Murphy

| Lot | Last Name   | First Name | Cat.     | B.W.   | Team                               | Born | Snatch |      |      |     |      | Clean&Jerk |       |       |        |      | Total |      |
|-----|-------------|------------|----------|--------|------------------------------------|------|--------|------|------|-----|------|------------|-------|-------|--------|------|-------|------|
|     |             |            |          |        |                                    |      | 1      | 2    | 3    | Max | Rank | 1          | 2     | 3     | Snatch | Rank | Total | Rank |
| 39  | Possamai    | Lucas      | Y M 49   | 38.70  | Toronto Weightlifting              | 2008 | 32     | 36   | (38) | 36  | 1    | 43         | 47    | 50    | 50     | 1    | 86    | 1    |
| 11  | Pigden      | Ryker      | Y M 49   | 33.40  | Victory Barbell Club               | 2009 | 18     | 22   | (25) | 22  | 2    | 28         | 32    | (35)  | 32     | 2    | 54    | 2    |
| 21  | Edgson      | Asher      | Y M 55   | 54.10  | Variety Village Weightlifting Club | 2008 | 50     | 54   | 58   | 58  | 1    | 60         | 65    | 70    | 70     | 1    | 128   | 1    |
| 28  | manley      | jack       | Y M 55   | 53.90  | Victory Barbell Club               | 2009 | 20     | (25) | 25   | 25  | 2    | 35         | (38)  | 38    | 38     | 2    | 63    | 2    |
| 53  | Lamarche    | Griffin    | Y M 67   | 65.50  | Norsemen and Valkyries             | 2006 | 67     | (70) | 70   | 70  | 1    | 86         | 90    | 93    | 93     | 1    | 163   | 1    |
| 18  | Younes      | Ali        | Y M 67   | 61.90  | LBC - LIFT Barbell Club            | 2010 | (33)   | 33   | 35   | 35  | 2    | (43)       | 43    | 47    | 47     | 2    | 82    | 2    |
| 40  | Jolley      | Ashton     | Y M 73   | 70.50  | CrossFit PTBO Weightlifting Club   | 2005 | 70     | 75   | 80   | 80  | 1    | 100        | 105   | 110   | 110    | 1    | 190   | 1    |
| 22  | Steer       | Samuel     | Y M 73   | 71.70  | Kanama High Performance North      | 2004 | 74     | (77) | (78) | 74  | 2    | 92         | 96    | (100) | 96     | 2    | 170   | 2    |
| 24  | MacLachlan  | Joshua     | Y M 73   | 72.40  | Garage Gym Weightlifting           | 2007 | 38     | 40   | 42   | 42  | 3    | 51         | 53    | 55    | 55     | 3    | 97    | 3    |
| 26  | Watson      | Declan     | Y M 81   | 80.20  | Garage Gym Weightlifting           | 2007 | 80     | 83   | 86   | 86  | 1    | 100        | (104) | 105   | 105    | 1    | 191   | 1    |
| 2   | Karagounis  | Theo       | Y M 81   | 77.70  | Variety Village Weightlifting Club | 2006 | (64)   | (64) | 65   | 65  | 3    | 73         | 82    | 86    | 86     | 2    | 151   | 2    |
| 47  | Killoran    | Brady      | Y M 81   | 77.80  | United Counties Weightlifting Club | 2006 | 60     | 64   | 69   | 69  | 2    | 73         | 77    | 81    | 81     | 3    | 150   | 3    |
| 41  | Waqué       | Liam       | Y M 81   | 76.30  | Norsemen and Valkyries             | 2005 | (45)   | 45   | 50   | 50  | 4    | 55         | (59)  | 60    | 60     | 4    | 110   | 4    |
| 44  | Westergaard | Nathaniel  | Y M 89   | 84.20  | Variety Village Weightlifting Club | 2007 | 44     | 46   | 48   | 48  | 1    | 56         | (59)  | 60    | 60     | 2    | 108   | 1    |
| 43  | Raymond     | Carson     | Y M 89   | 85.20  | Garage Gym Weightlifting           | 2007 | (42)   | 42   | 45   | 45  | 2    | 56         | 58    | 60    | 60     | 1    | 105   | 2    |
| 8   | Cottrell    | Ben        | Y M 96   | 94.90  | LBC - LIFT Barbell Club            | 2004 | 90     | (95) | 97   | 97  | 1    | 132        | (136) | 140   | 140    | 1    | 237   | 1    |
| 51  | Yuke        | Ethan      | Y M 96   | 93.70  | Victory Barbell Club               | 2007 | 50     | 55   | 60   | 60  | 2    | 70         | 75    | 80    | 80     | 2    | 140   | 2    |
| 4   | Kimmett     | Quinn      | Y M >102 | 121.30 | CrossFit PTBO Weightlifting Club   | 2004 | (70)   | 70   | 77   | 77  | 1    | 96         | 103   | (108) | 103    | 1    | 180   | 1    |
| 46  | Fisher      | Rowdy      | Y M >102 | 113.10 | Garage Gym Weightlifting           | 2004 | 59     | 62   | 65   | 65  | 2    | 74         | 78    | 82    | 82     | 2    | 147   | 2    |

| Lot | Last Name   | First Name | Cat.     | B.W.   | Team                  | Born | Snatch |      |      |     | Clean&Jerk |       |       |     | Total | Sinclair |         |      |
|-----|-------------|------------|----------|--------|-----------------------|------|--------|------|------|-----|------------|-------|-------|-----|-------|----------|---------|------|
|     |             |            |          |        |                       |      | 1      | 2    | 3    | max | 1          | 2     | 3     | max |       | B.W.     | Cat.    | Rank |
| 8   | Cottrell    | Ben        | Y M 96   | 94.90  | LIFT Barbell          | 2004 | 90     | (95) | 97   | 97  | 132        | (136) | 140   | 140 | 237   | 268.143  | 266.916 | 7    |
| 40  | Jolley      | Ashton     | Y M 73   | 70.50  | TBO Weightlifting     | 2005 | 70     | 75   | 80   | 80  | 100        | 105   | 110   | 110 | 190   | 249.307  | 244.282 | 9    |
| 26  | Watson      | Declan     | Y M 81   | 80.20  | Gym Weightlifting     | 2007 | 80     | 83   | 86   | 86  | 100        | (104) | 105   | 105 | 191   | 233.357  | 232.183 | 10   |
| 53  | Lamarche    | Griffin    | Y M 67   | 65.50  | men and Veterans      | 2006 | 67     | (70) | 70   | 70  | 86         | 90    | 93    | 93  | 163   | 223.855  | 220.653 | 11   |
| 22  | Steer       | Samuel     | Y M 73   | 71.70  | High Performance      | 2004 | 74     | (77) | (78) | 74  | 92         | 96    | (100) | 96  | 170   | 220.853  | 218.568 | 12   |
| 21  | Edgson      | Asher      | Y M 55   | 54.10  | Age Weightlifting     | 2008 | 50     | 54   | 58   | 58  | 60         | 65    | 70    | 70  | 128   | 201.203  | 198.686 | 13   |
| 4   | Kimmett     | Quinn      | Y M >102 | 121.30 | TBO Weightlifting     | 2004 | (70)   | 70   | 77   | 77  | 96         | 103   | (108) | 103 | 180   | 188.203  | 180.000 | 14   |
| 2   | Karagounis  | Theo       | Y M 81   | 77.70  | Age Weightlifting     | 2006 | (64)   | (64) | 65   | 65  | 73         | 82    | 86    | 86  | 151   | 187.561  | 183.558 | 15   |
| 47  | Killoran    | Brady      | Y M 81   | 77.80  | Centies Weightlifting | 2006 | 60     | 64   | 69   | 69  | 73         | 77    | 81    | 81  | 150   | 186.191  | 182.342 | 16   |
| 39  | Possamai    | Lucas      | Y M 49   | 38.70  | into Weightlifting    | 2008 | 32     | 36   | (38) | 36  | 43         | 47    | 50    | 50  | 86    | 181.412  | 133.492 | 17   |
| 51  | Yuke        | Ethan      | Y M 96   | 93.70  | Open Body Barbell     | 2007 | 50     | 55   | 60   | 60  | 70         | 75    | 80    | 80  | 140   | 159.217  | 157.672 | 18   |
| 46  | Fisher      | Rowdy      | Y M >102 | 113.10 | Gym Weightlifting     | 2004 | 59     | 62   | 65   | 65  | 74         | 78    | 82    | 82  | 147   | 156.567  | 147.000 | 19   |
| 41  | Waqué       | Liam       | Y M 81   | 76.30  | men and Veterans      | 2005 | (45)   | 45   | 50   | 50  | 55         | (59)  | 60    | 60  | 110   | 137.977  | 133.718 | 20   |
| 11  | Pigden      | Ryker      | Y M 49   | 33.40  | Open Body Barbell     | 2009 | 18     | 22   | (25) | 22  | 28         | 32    | (35)  | 32  | 54    | 132.678  | 83.820  | 21   |
| 44  | Westergaard | Nathaniel  | Y M 89   | 84.20  | Age Weightlifting     | 2007 | 44     | 46   | 48   | 48  | 56         | (59)  | 60    | 60  | 108   | 128.806  | 125.551 | 22   |
| 24  | MacLachlan  | Joshua     | Y M 73   | 72.40  | Gym Weightlifting     | 2007 | 38     | 40   | 42   | 42  | 51         | 53    | 55    | 55  | 97    | 125.306  | 124.712 | 23   |
| 43  | Raymond     | Carson     | Y M 89   | 85.20  | Gym Weightlifting     | 2007 | (42)   | 42   | 45   | 45  | 56         | 58    | 60    | 60  | 105   | 124.526  | 122.064 | 24   |
| 18  | Younes      | Ali        | Y M 67   | 61.90  | LIFT Barbell          | 2010 | (33)   | 33   | 35   | 35  | (43)       | 43    | 47    | 47  | 82    | 116.910  | 111.003 | 25   |
| 28  | manley      | jack       | Y M 55   | 53.90  | Open Body Barbell     | 2009 | 20     | (25) | 25   | 25  | 35         | (38)  | 38    | 38  | 63    | 99.313   | 97.791  | 26   |

| Lot | Last Name         | First Name | Cat.    | B.W.   | Team                               | Born | Snatch |      |      |     |      | Clean&Jerk |      |      |        |      | Total |      |
|-----|-------------------|------------|---------|--------|------------------------------------|------|--------|------|------|-----|------|------------|------|------|--------|------|-------|------|
|     |                   |            |         |        |                                    |      | 1      | 2    | 3    | Max | Rank | 1          | 2    | 3    | Snatch | Rank | Total | Rank |
| 1   | van Uift          | Aurora     | Y F 40  | 29.90  | Storm Breaker Barbell              | 2013 | 35     | 37   | (38) | 37  | 1    | 47         | (49) | (49) | 47     | 1    | 84    | 1    |
| 5   | Tyrer             | Madalyn    | Y F 40  | 37.60  | Victory Barbell Club               | 2010 | (15)   | 15   | 20   | 20  | 3    | 25         | 30   | 33   | 33     | 2    | 53    | 2    |
| 3   | Wallace           | Lyla       | Y F 40  | 35.90  | Adamantium Weightlifting           | 2009 | 21     | 23   | (25) | 23  | 2    | 27         | 29   | (31) | 29     | 3    | 52    | 3    |
| 52  | MacLean           | Karsin     | Y F 40  | 30.30  | Team MAC Weightlifting             | 2013 | (19)   | 19   | (21) | 19  | 4    | 25         | (28) | (28) | 25     | 4    | 44    | 4    |
| 29  | May               | Jahala     | Y F 45  | 42.50  | Maximus Barbell Club               | 2011 | 17     | 20   | 23   | 23  | 1    | (24)       | 24   | 30   | 30     | 1    | 53    | 1    |
| 15  | Sharman           | Molly      | Y F 49  | 46.10  | Elite Athletics                    | 2006 | 41     | 43   | 45   | 45  | 1    | 51         | (53) | (53) | 51     | 1    | 96    | 1    |
| 23  | Moore             | Anna       | Y F 49  | 48.50  | Norsemen and Valkyries             | 2008 | 27     | 29   | 31   | 31  | 2    | 34         | 37   | 40   | 40     | 2    | 71    | 2    |
| 50  | MacLean           | Calista    | Y F 49  | 48.30  | Team MAC Weightlifting             | 2009 | 24     | (26) | 26   | 26  | 3    | (35)       | 38   | (40) | 38     | 3    | 64    | 3    |
| 37  | Parsons           | Chloe      | Y F 55  | 54.00  | Adamantium Weightlifting           | 2006 | 44     | 47   | 51   | 51  | 1    | 55         | 59   | 63   | 63     | 1    | 114   | 1    |
| 12  | Zhao              | Amie       | Y F 55  | 54.80  | Iron Athletics                     | 2004 | 37     | 40   | 42   | 42  | 2    | 52         | 55   | 57   | 57     | 2    | 99    | 2    |
| 48  | Delgado           | Marlena    | Y F 55  | 53.80  | Variety Village Weightlifting Club | 2008 | 41     | (44) | (44) | 41  | 3    | 48         | 51   | 54   | 54     | 3    | 95    | 3    |
| 54  | Champagne         | Kali       | Y F 55  | 53.10  | Norsemen and Valkyries             | 2008 | 30     | 33   | (35) | 33  | 4    | 38         | 41   | (43) | 41     | 4    | 74    | 4    |
| 55  | Robinson          | Marlowe    | Y F 59  | 57.40  | Garage Gym Weightlifting           | 2005 | 52     | 55   | 57   | 57  | 2    | 71         | 74   | 78   | 78     | 1    | 135   | 1    |
| 27  | Walsh             | Kassidy    | Y F 59  | 56.00  | Elite Athletics                    | 2005 | 54     | 57   | 59   | 59  | 1    | 71         | 73   | 75   | 75     | 2    | 134   | 2    |
| 6   | weatherup         | dominique  | Y F 59  | 57.80  | CrossFit PTBO Weightlifting Club   | 2006 | 47     | 51   | 56   | 56  | 3    | 62         | 66   | (70) | 66     | 3    | 122   | 3    |
| 10  | Martindale        | Kayla      | Y F 64  | 62.60  | Apollo Barbell Club                | 2005 | (50)   | 50   | (54) | 50  | 1    | 70         | 75   | 78   | 78     | 1    | 128   | 1    |
| 25  | Stanton-Humphreys | Rachel     | Y F 64  | 60.80  | Radix Barbell                      | 2004 | 40     | 45   | (50) | 45  | 2    | 50         | 55   | 60   | 60     | 2    | 105   | 2    |
| 32  | Iusignan          | Naomie     | Y F 71  | 69.00  | Toronto Weightlifting              | 2005 | 76     | 80   | 82   | 82  | 1    | 90         | 95   | (99) | 95     | 1    | 177   | 1    |
| 35  | Karagounis        | Cassandra  | Y F 71  | 66.60  | Variety Village Weightlifting Club | 2007 | 50     | (54) | 56   | 56  | 2    | 60         | 65   | 68   | 68     | 2    | 124   | 2    |
| 45  | Popp              | Olivia     | Y F 71  | 64.60  | Norsemen and Valkyries             | 2005 | (38)   | (38) | (38) | -   | -    | 45         | 48   | (50) | 48     | 3    | -     | -    |
| 13  | Cerna             | Natalie    | Y F 76  | 71.30  | Toronto Weightlifting              | 2006 | 58     | 62   | 64   | 64  | 1    | 79         | 82   | 84   | 84     | 1    | 148   | 1    |
| 30  | Grant             | Naza       | Y F 81  | 79.60  | Kapuskasing Weightlifting Club     | 2006 | 64     | (67) | 67   | 67  | 1    | 76         | 79   | 81   | 81     | 1    | 148   | 1    |
| 20  | Chouinior         | Ruthie     | Y F >81 | 86.90  | Norsemen and Valkyries             | 2005 | 52     | 55   | 57   | 57  | 1    | 63         | 67   | 70   | 70     | 1    | 127   | 1    |
| 31  | Champagne         | Abigail    | Y F >81 | 101.30 | Norsemen and Valkyries             | 2006 | 43     | 45   | 49   | 49  | 2    | 55         | 60   | 62   | 62     | 2    | 111   | 2    |

| Lot | Last Name | First Name | Cat.    | B.W.  | Team                     | Born | Snatch |    |    |     |      | Clean&Jerk |    |    |        |      | Total |      |
|-----|-----------|------------|---------|-------|--------------------------|------|--------|----|----|-----|------|------------|----|----|--------|------|-------|------|
|     |           |            |         |       |                          |      | 1      | 2  | 3  | Max | Rank | 1          | 2  | 3  | Snatch | Rank | Total | Rank |
| 34  | Rogan     | Shoshanna  | Y F >81 | 98.10 | Garage Gym Weightlifting | 2007 | 42     | 44 | 45 | 45  | 3    | 55         | 57 | 58 | 58     | 3    | 103   | 3    |

| Lot | Last Name         | First Name | Cat.    | B.W. | Team                               | Born | Snatch |      |      |     | Clean&Jerk |      |      |     | Total | Sinclair |         |      |
|-----|-------------------|------------|---------|------|------------------------------------|------|--------|------|------|-----|------------|------|------|-----|-------|----------|---------|------|
|     |                   |            |         |      |                                    |      | 1      | 2    | 3    | max | 1          | 2    | 3    | max |       | B.W.     | Cat.    | Rank |
| 32  | Iusignan          | Naomie     | Y F 71  | 69   | Toronto Weightlifting              | 2005 | 76     | 80   | 82   | 82  | 90         | 95   | (99) | 95  | 177   | 220.137  | 216.797 | 1    |
| 1   | van Ulft          | Aurora     | Y F 40  | 30   | Storm Breaker Barbell              | 2013 | 35     | 37   | (38) | 37  | 47         | (49) | (49) | 47  | 84    | 209.033  | 140.327 | 2    |
| 27  | Walsh             | Kassidy    | Y F 59  | 56   | Elite Athletics                    | 2005 | 54     | 57   | 59   | 59  | 71         | 73   | 75   | 75  | 134   | 189.522  | 183.018 | 3    |
| 55  | Robinson          | Marlowe    | Y F 59  | 57   | Garage Gym Weightlifting           | 2005 | 52     | 55   | 57   | 57  | 71         | 74   | 78   | 78  | 135   | 187.764  | 184.384 | 4    |
| 13  | Cerna             | Natalie    | Y F 76  | 71   | Toronto Weightlifting              | 2006 | 58     | 62   | 64   | 64  | 79         | 82   | 84   | 84  | 148   | 180.876  | 175.185 | 5    |
| 30  | Grant             | Naza       | Y F 81  | 80   | Kapuskasing Weightlifting Club     | 2006 | 64     | (67) | 67   | 67  | 76         | 79   | 81   | 81  | 148   | 171.469  | 170.153 | 6    |
| 6   | weatherup         | dominique  | Y F 59  | 58   | CrossFit PTBO Weightlifting Club   | 2006 | 47     | 51   | 56   | 56  | 62         | 66   | (70) | 66  | 122   | 168.898  | 166.629 | 7    |
| 10  | Martindale        | Kayla      | Y F 64  | 63   | Apollo Barbell Club                | 2005 | (50)   | 50   | (54) | 50  | 70         | 75   | 78   | 78  | 128   | 168.408  | 166.175 | 8    |
| 37  | Parsons           | Chloe      | Y F 55  | 54   | Adamantium Weightlifting           | 2006 | 44     | 47   | 51   | 51  | 55         | 59   | 63   | 63  | 114   | 165.388  | 163.261 | 9    |
| 35  | Karagounis        | Cassandra  | Y F 71  | 67   | Variety Village Weightlifting Club | 2007 | 50     | (54) | 56   | 56  | 60         | 65   | 68   | 68  | 124   | 157.291  | 151.880 | 10   |
| 15  | Sharman           | Molly      | Y F 49  | 46   | Elite Athletics                    | 2006 | 41     | 43   | 45   | 45  | 51         | (53) | (53) | 51  | 96    | 157.201  | 149.726 | 11   |
| 12  | Zhao              | Amie       | Y F 55  | 55   | Iron Athletics                     | 2004 | 37     | 40   | 42   | 42  | 52         | 55   | 57   | 57  | 99    | 142.142  | 141.780 | 12   |
| 20  | Chouinior         | Ruthie     | Y F >81 | 87   | Norsemen and Valkyries             | 2005 | 52     | 55   | 57   | 57  | 63         | 67   | 70   | 70  | 127   | 141.843  | 127.000 | 13   |
| 25  | Stanton-Humphreys | Rachel     | Y F 64  | 61   | Radix Barbell                      | 2004 | 40     | 45   | (50) | 45  | 50         | 55   | 60   | 60  | 105   | 140.673  | 136.315 | 14   |
| 48  | Delgado           | Marlena    | Y F 55  | 54   | Variety Village Weightlifting Club | 2008 | 41     | (44) | (44) | 41  | 48         | 51   | 54   | 54  | 95    | 138.189  | 136.051 | 15   |
| 31  | Champagne         | Abigail    | Y F >81 | 101  | Norsemen and Valkyries             | 2006 | 43     | 45   | 49   | 49  | 55         | 60   | 62   | 62  | 111   | 117.753  | 111.000 | 16   |
| 23  | Moore             | Anna       | Y F 49  | 49   | Norsemen and Valkyries             | 2008 | 27     | 29   | 31   | 31  | 34         | 37   | 40   | 40  | 71    | 111.626  | 110.735 | 17   |
| 34  | Rogan             | Shoshanna  | Y F >81 | 98   | Garage Gym Weightlifting           | 2007 | 42     | 44   | 45   | 45  | 55         | 57   | 58   | 58  | 103   | 110.304  | 103.000 | 18   |
| 54  | Champagne         | Kali       | Y F 55  | 53   | Norsemen and Valkyries             | 2008 | 30     | 33   | (35) | 33  | 38         | 41   | (43) | 41  | 74    | 108.660  | 105.977 | 19   |
| 52  | MacLean           | Karsin     | Y F 40  | 30   | Team MAC Weightlifting             | 2013 | (19)   | 19   | (21) | 19  | 25         | (28) | (28) | 25  | 44    | 107.891  | 73.505  | 20   |
| 3   | Wallace           | Lyla       | Y F 40  | 36   | Adamantium Weightlifting           | 2009 | 21     | 23   | (25) | 23  | 27         | 29   | (31) | 29  | 52    | 106.760  | 86.869  | 21   |
| 5   | Tyrer             | Madalyn    | Y F 40  | 38   | Victory Barbell Club               | 2010 | (15)   | 15   | 20   | 20  | 25         | 30   | 33   | 33  | 53    | 104.020  | 88.540  | 22   |
| 50  | MacLean           | Calista    | Y F 49  | 48   | Team MAC Weightlifting             | 2009 | 24     | (26) | 26   | 26  | (35)       | 38   | (40) | 38  | 64    | 100.948  | 99.817  | 23   |
| 29  | May               | Jahala     | Y F 45  | 43   | Maximus Barbell Club               | 2011 | 17     | 20   | 23   | 23  | (24)       | 24   | 30   | 30  | 53    | 92.975   | 88.540  | 25   |
| 45  | Popp              | Olivia     | Y F 71  | 65   | Norsemen and Valkyries             | 2005 | (38)   | (38) | (38) | -   | 45         | 48   | (50) | 48  | -     | -        | -       | -    |

|        |            |            |          |        |                                        |      | Snatch |      |      |     |      | Clean&Jerk |       |       |        |      | Total |      |        |
|--------|------------|------------|----------|--------|----------------------------------------|------|--------|------|------|-----|------|------------|-------|-------|--------|------|-------|------|--------|
| Lot    | Last Name  | First Name | Cat.     | B.W.   | Team                                   | Born | 1      | 2    | 3    | Max | Rank | 1          | 2     | 3     | Snatch | Rank | Total | Rank | POINTS |
| FEMALE | Parsons    | Chloe      | Y F 55   | 54.00  | Adamantium Weightlifting               | 2006 | 44     | 47   | 51   | 51  | 1    | 55         | 59    | 63    | 63     | 1    | 114   | 1    | 28     |
| FEMALE | Wallace    | Lyla       | Y F 40   | 35.90  | Adamantium Weightlifting               | 2009 | 21     | 23   | (25) | 23  | 2    | 27         | 29    | (31)  | 29     | 3    | 52    | 3    | 23     |
|        |            |            |          |        | Adamantium Weightlifting Total         |      |        |      |      |     |      |            |       |       |        |      |       |      | 51     |
| FEMALE | Martindale | Kayla      | Y F 64   | 62.60  | Apollo Barbell Club                    | 2005 | (50)   | 50   | (54) | 50  | 1    | 70         | 75    | 78    | 78     | 1    | 128   | 1    | 28     |
|        |            |            |          |        | Apollo Barbell Club Total              |      |        |      |      |     |      |            |       |       |        |      |       |      | 28     |
| FEMALE | weatherup  | dominique  | Y F 59   | 57.80  | CrossFit PTBO Weightlifting Club       | 2006 | 47     | 51   | 56   | 56  | 3    | 62         | 66    | (70)  | 66     | 3    | 122   | 3    | 23     |
| MALE   | Jolley     | Ashton     | Y M 73   | 70.50  | CrossFit PTBO Weightlifting Club       | 2005 | 70     | 75   | 80   | 80  | 1    | 100        | 105   | 110   | 110    | 1    | 190   | 1    | 28     |
| MALE   | Kimmett    | Quinn      | Y M >102 | 121.30 | CrossFit PTBO Weightlifting Club       | 2004 | (70)   | 70   | 77   | 77  | 1    | 96         | 103   | (108) | 103    | 1    | 180   | 1    | 28     |
|        |            |            |          |        | CrossFit PTBO Weightlifting Club Total |      |        |      |      |     |      |            |       |       |        |      |       |      | 79     |
| FEMALE | Sharman    | Molly      | Y F 49   | 46.10  | Elite Athletics                        | 2006 | 41     | 43   | 45   | 45  | 1    | 51         | (53)  | (53)  | 51     | 1    | 96    | 1    | 28     |
| FEMALE | Walsh      | Kassidy    | Y F 59   | 56.00  | Elite Athletics                        | 2005 | 54     | 57   | 59   | 59  | 1    | 71         | 73    | 75    | 75     | 2    | 134   | 2    | 25     |
|        |            |            |          |        | Elite Athletics Total                  |      |        |      |      |     |      |            |       |       |        |      |       |      | 53     |
| FEMALE | Robinson   | Marlowe    | Y F 59   | 57.40  | Garage Gym Weightlifting               | 2005 | 52     | 55   | 57   | 57  | 2    | 71         | 74    | 78    | 78     | 1    | 135   | 1    | 28     |
| FEMALE | Rogan      | Shoshanna  | Y F >81  | 98.10  | Garage Gym Weightlifting               | 2007 | 42     | 44   | 45   | 45  | 3    | 55         | 57    | 58    | 58     | 3    | 103   | 3    | 23     |
| MALE   | Watson     | Declan     | Y M 81   | 80.20  | Garage Gym Weightlifting               | 2007 | 80     | 83   | 86   | 86  | 1    | 100        | (104) | 105   | 105    | 1    | 191   | 1    | 28     |
| MALE   | Raymond    | Carson     | Y M 89   | 85.20  | Garage Gym Weightlifting               | 2007 | (42)   | 42   | 45   | 45  | 2    | 56         | 58    | 60    | 60     | 1    | 105   | 2    | 25     |
| MALE   | Fisher     | Rowdy      | Y M >102 | 113.10 | Garage Gym Weightlifting               | 2004 | 59     | 62   | 65   | 65  | 2    | 74         | 78    | 82    | 82     | 2    | 147   | 2    | 25     |
| MALE   | MacLachlan | Joshua     | Y M 73   | 72.40  | Garage Gym Weightlifting               | 2007 | 38     | 40   | 42   | 42  | 3    | 51         | 53    | 55    | 55     | 3    | 97    | 3    | 25     |
|        |            |            |          |        | Garage Gym Weightlifting Total         |      |        |      |      |     |      |            |       |       |        |      |       |      | 154    |
| FEMALE | Zhao       | Amie       | Y F 55   | 54.80  | Iron Athletics                         | 2004 | 37     | 40   | 42   | 42  | 2    | 52         | 55    | 57    | 57     | 2    | 99    | 2    | 25     |
|        |            |            |          |        | Iron Athletics Total                   |      |        |      |      |     |      |            |       |       |        |      |       |      | 25     |
| MALE   | Steer      | Samuel     | Y M 73   | 71.70  | Kanama High Performance North          | 2004 | 74     | (77) | (78) | 74  | 2    | 92         | 96    | (100) | 96     | 2    | 170   | 2    | 25     |
|        |            |            |          |        | Kanama High Performance North Total    |      |        |      |      |     |      |            |       |       |        |      |       |      | 25     |
| FEMALE | Grant      | Naza       | Y F 81   | 79.60  | Kapuskasing Weightlifting Club         | 2006 | 64     | (67) | 67   | 67  | 1    | 76         | 79    | 81    | 81     | 1    | 148   | 1    | 28     |
|        |            |            |          |        | Kapuskasing Weightlifting Club Total   |      |        |      |      |     |      |            |       |       |        |      |       |      | 28     |
| MALE   | Cottrell   | Ben        | Y M 96   | 94.90  | LBC - LIFT Barbell Club                | 2004 | 90     | (95) | 97   | 97  | 1    | 132        | (136) | 140   | 140    | 1    | 237   | 1    | 28     |
| MALE   | Younes     | Ali        | Y M 67   | 61.90  | LBC - LIFT Barbell Club                | 2010 | (33)   | 33   | 35   | 35  | 2    | (43)       | 43    | 47    | 47     | 2    | 82    | 2    | 25     |
|        |            |            |          |        | LBC - LIFT Barbell Club Total          |      |        |      |      |     |      |            |       |       |        |      |       |      | 53     |
| FEMALE | May        | Jahala     | Y F 45   | 42.50  | Maximus Barbell Club                   | 2011 | 17     | 20   | 23   | 23  | 1    | (24)       | 24    | 30    | 30     | 1    | 53    | 1    | 28     |
|        |            |            |          |        | Maximus Barbell Club Total             |      |        |      |      |     |      |            |       |       |        |      |       |      | 28     |
| FEMALE | Chouinior  | Ruthie     | Y F >81  | 86.90  | Norsemen and Valkyries                 | 2005 | 52     | 55   | 57   | 57  | 1    | 63         | 67    | 70    | 70     | 1    | 127   | 1    | 28     |



|        |                     |                  |         |        |                                                 |      |      |      |      |    |   |      |      |      |    |   |            |   |     |
|--------|---------------------|------------------|---------|--------|-------------------------------------------------|------|------|------|------|----|---|------|------|------|----|---|------------|---|-----|
| FEMALE | <b>Moore</b>        | <b>Anna</b>      | Y F 49  | 48.50  | Norsemen and Valkyries                          | 2008 | 27   | 29   | 31   | 31 | 2 | 34   | 37   | 40   | 40 | 2 | <b>71</b>  | 2 | 25  |
| FEMALE | <b>Champagne</b>    | <b>Abigail</b>   | Y F >81 | 101.30 | Norsemen and Valkyries                          | 2006 | 43   | 45   | 49   | 49 | 2 | 55   | 60   | 62   | 62 | 2 | <b>111</b> | 2 | 25  |
| FEMALE | <b>Champagne</b>    | <b>Kali</b>      | Y F 55  | 53.10  | Norsemen and Valkyries                          | 2008 | 30   | 33   | (35) | 33 | 4 | 38   | 41   | (43) | 41 | 4 | <b>74</b>  | 4 |     |
| FEMALE | <b>Popp</b>         | <b>Olivia</b>    | Y F 71  | 64.60  | Norsemen and Valkyries                          | 2005 | (38) | (38) | (38) | -  | - | 45   | 48   | (50) | 48 | 3 | -          | - |     |
| MALE   | <b>Lamarche</b>     | <b>Griffin</b>   | Y M 67  | 65.50  | Norsemen and Valkyries                          | 2006 | 67   | (70) | 70   | 70 | 1 | 86   | 90   | 93   | 93 | 1 | <b>163</b> | 1 | 28  |
| MALE   | <b>Waqué</b>        | <b>Liam</b>      | Y M 81  | 76.30  | Norsemen and Valkyries                          | 2005 | (45) | 45   | 50   | 50 | 4 | 55   | (59) | 60   | 60 | 4 | <b>110</b> | 4 | 22  |
|        |                     |                  |         |        | <b>Norsemen and Valkyries Total</b>             |      |      |      |      |    |   |      |      |      |    |   |            |   | 128 |
| FEMALE | <b>Stanton-Hump</b> | <b>Rachel</b>    | Y F 64  | 60.80  | Radix Barbell                                   | 2004 | 40   | 45   | (50) | 45 | 2 | 50   | 55   | 60   | 60 | 2 | <b>105</b> | 2 | 25  |
|        |                     |                  |         |        | <b>Radix Barbell Total</b>                      |      |      |      |      |    |   |      |      |      |    |   |            |   | 25  |
| FEMALE | <b>van Uift</b>     | <b>Aurora</b>    | Y F 40  | 29.90  | Storm Breaker Barbell                           | 2013 | 35   | 37   | (38) | 37 | 1 | 47   | (49) | (49) | 47 | 1 | <b>84</b>  | 1 | 28  |
|        |                     |                  |         |        | <b>Storm Breaker Barbell Total</b>              |      |      |      |      |    |   |      |      |      |    |   |            |   | 28  |
| FEMALE | <b>MacLean</b>      | <b>Calista</b>   | Y F 49  | 48.30  | Team MAC Weightlifting                          | 2009 | 24   | (26) | 26   | 26 | 3 | (35) | 38   | (40) | 38 | 3 | <b>64</b>  | 3 | 23  |
| FEMALE | <b>MacLean</b>      | <b>Karsin</b>    | Y F 40  | 30.30  | Team MAC Weightlifting                          | 2013 | (19) | 19   | (21) | 19 | 4 | 25   | (28) | (28) | 25 | 4 | <b>44</b>  | 4 | 22  |
|        |                     |                  |         |        | <b>Team MAC Weightlifting Total</b>             |      |      |      |      |    |   |      |      |      |    |   |            |   | 45  |
| FEMALE | <b>Iusignan</b>     | <b>Naomie</b>    | Y F 71  | 69.00  | Toronto Weightlifting                           | 2005 | 76   | 80   | 82   | 82 | 1 | 90   | 95   | (99) | 95 | 1 | <b>177</b> | 1 | 28  |
| FEMALE | <b>Cerna</b>        | <b>Natalie</b>   | Y F 76  | 71.30  | Toronto Weightlifting                           | 2006 | 58   | 62   | 64   | 64 | 1 | 79   | 82   | 84   | 84 | 1 | <b>148</b> | 1 | 28  |
| MALE   | <b>Possamai</b>     | <b>Lucas</b>     | Y M 49  | 38.70  | Toronto Weightlifting                           | 2008 | 32   | 36   | (38) | 36 | 1 | 43   | 47   | 50   | 50 | 1 | <b>86</b>  | 1 | 28  |
|        |                     |                  |         |        | <b>Toronto Weightlifting Total</b>              |      |      |      |      |    |   |      |      |      |    |   |            |   | 84  |
| MALE   | <b>Killoran</b>     | <b>Brady</b>     | Y M 81  | 77.80  | United Counties Weightlifting Club              | 2006 | 60   | 64   | 69   | 69 | 2 | 73   | 77   | 81   | 81 | 3 | <b>150</b> | 3 | 23  |
|        |                     |                  |         |        | <b>United Counties Weightlifting Club Total</b> |      |      |      |      |    |   |      |      |      |    |   |            |   | 23  |
| FEMALE | <b>Karagounis</b>   | <b>Cassandra</b> | Y F 71  | 66.60  | Variety Village Weightlifting Club              | 2007 | 50   | (54) | 56   | 56 | 2 | 60   | 65   | 68   | 68 | 2 | <b>124</b> | 2 | 25  |
| FEMALE | <b>Delgado</b>      | <b>Marlena</b>   | Y F 55  | 53.80  | Variety Village Weightlifting Club              | 2008 | 41   | (44) | (44) | 41 | 3 | 48   | 51   | 54   | 54 | 3 | <b>95</b>  | 3 | 23  |
| MALE   | <b>Edgson</b>       | <b>Asher</b>     | Y M 55  | 54.10  | Variety Village Weightlifting Club              | 2008 | 50   | 54   | 58   | 58 | 1 | 60   | 65   | 70   | 70 | 1 | <b>128</b> | 1 | 28  |
| MALE   | <b>Westergaard</b>  | <b>Nathaniel</b> | Y M 89  | 84.20  | Variety Village Weightlifting Club              | 2007 | 44   | 46   | 48   | 48 | 1 | 56   | (59) | 60   | 60 | 2 | <b>108</b> | 1 | 28  |
| MALE   | <b>Karagounis</b>   | <b>Theo</b>      | Y M 81  | 77.70  | Variety Village Weightlifting Club              | 2006 | (64) | (64) | 65   | 65 | 3 | 73   | 82   | 86   | 86 | 2 | <b>151</b> | 2 | 25  |
|        |                     |                  |         |        | <b>Variety Village Weightlifting Club Total</b> |      |      |      |      |    |   |      |      |      |    |   |            |   | 129 |
| FEMALE | <b>Tyrer</b>        | <b>Madalyn</b>   | Y F 40  | 37.60  | Victory Barbell Club                            | 2010 | (15) | 15   | 20   | 20 | 3 | 25   | 30   | 33   | 33 | 2 | <b>53</b>  | 2 | 25  |
| MALE   | <b>Pigden</b>       | <b>Ryker</b>     | Y M 49  | 33.40  | Victory Barbell Club                            | 2009 | 18   | 22   | (25) | 22 | 2 | 28   | 32   | (35) | 32 | 2 | <b>54</b>  | 2 | 25  |
| MALE   | <b>manley</b>       | <b>jack</b>      | Y M 55  | 53.90  | Victory Barbell Club                            | 2009 | 20   | (25) | 25   | 25 | 2 | 35   | (38) | 38   | 38 | 2 | <b>63</b>  | 2 | 25  |
| MALE   | <b>Yuke</b>         | <b>Ethan</b>     | Y M 96  | 93.70  | Victory Barbell Club                            | 2007 | 50   | 55   | 60   | 60 | 2 | 70   | 75   | 80   | 80 | 2 | <b>140</b> | 2 | 25  |

**Victory Barbell Club Total**

100

**Grand Total**

1086